



Your answer for rapid lasting results

Relationships

Personal Development

Confidence

Career

Health

Peace

Love

Joy

AS SEEN ON PATHWAYS TV

*Your facilitators, Russell & Verena Cunningham NLP Master Practitioners,
Timeline ® Therapy & EFT.(Emotional Freedom Technique)*

**EFT, NLP and Timeline ® Therapy
are powerful tools to enable you to create the life you desire.**

Discover how to ...

- calm yourself, think more clearly and act full of energy -
- stop being upset or angry, miserable or depressed just like that -
- find peace of mind and get to sleep at night easily -
- free yourself from self doubt, fear and anxiety about money, love, health -
- put an end to procrastination -
- stop worrying about those things all the time -
- get better at golf, sex, piano playing, parenting or parking your car -
- like your body better and become more confident in yourself -
- stop snacking and get to feel relaxed and satisfied instead -
- have a fabulous tool to calm crying children - and others, too -
- get rid of haunting "history" and move freely forward into life -
- eliminate self sabotage patterns -
- achieve your perfect weight, become a non smoker feel happy and healthy -
- enjoy better performance in work and pleasure -
- get that long deserved money success -
- easily achieve more than you dreamt possible

Russell Cunningham now on (03) 97 222 678

WHAT IS NEURO-LINGUISTIC PROGRAMMING

NLP, or Neuro Linguistic Programming, is the art and science of human excellence. It's about our mind, the language we use with others and ourselves, and the patterns of behaviour and results these create. Because NLP and Time Line Therapy ® work directly with the unconscious mind you can get powerful, lasting results in a short time. By making the shifts you are after at an unconscious level you can achieve what you want naturally and with ease.

WHAT OTHERS SAY ABOUT NLP:

"NLP cannot be dismissed as just another hustle. Its theoretical underpinnings represent an ambitious attempt to codify and synthesize the insights of linguistics, body language, and the study of communication systems." -- Psychology Today

"(NLP) does offer the potential for making changes without the usual agony that accompanies these phenomena. . . Thus it affords the opportunity to gain flexibility, creativity, and greater freedom of action than most of us now know. . ." -- Training and Development Journal "

. . . real estate brokers and salespeople use Neuro-Linguistics to enhance their communication skills and provide them with more choices when working in a difficult situation. . . it shows how we make sense of the world around us and communicate." -- Real Estate Today

WHAT IS EFT:

EFT (Emotional Freedom Technique) is an energy psychology, or meridian therapy tool developed by Gary Craig in the early 1990's. The basis of EFT was established by a dedicated psychologist, Dr Roger J Callahan. Although Gary Craig acknowledges Dr Callahan to be the primary influence in the development of EFT Gary also contributed his considerable skill with NLP techniques. It is a simple and powerfully effective therapy for rapidly releasing negative emotions and freeing us to fulfil our life dreams and goals. EFT gets directed to the right places **BY WHAT YOU SAY** - you direct it with your words to **YOUR very own problems** and so **you get YOUR own problems solved- whatever they may be!** So, half of the healing comes from the technique and the other half comes from you - **YOU change what YOU decide you want to change!** The process is so simple that soon you will be able to use EFT for yourself and others anywhere at any time!

AROMATHERAPY MASSAGE & ENERGY HEALING:

Enhances your wellbeing, releases tensions in muscles and body aches, improves blood & lymphatic circulation and the elimination of toxins, reenergizes and relaxes at the same time. Your Aromatherapy Massage oils are individually selected from over 40 pure, natural essential oils to assist you in your emotional and physical releasing processes. Verena also incorporates Energy Healing to complete your blissful Massage experience.

"Am I here or in Heaven" Ken Bone. Wholesale Florist

WHAT OTHERS SAY ABOUT NLP For Life:

"Russell & Verena have lovingly and successfully guided me in my relationships with my partner, family, friends and business. The tools I have acquired have been invaluable for my personal growth. It's fascinating to watch the growth of others around me as a result of the positive changes I have made."

N Evans. Business Owner.

"I was amazed at how clear and light I felt. And how I was able to attract my made to order partner."

S. Alexander. Director Relocations Made Easy

"Absolutely Fantastic 10/10. Since this training and personal coaching with Russell I have become a consistent top sales producer and recently became the youngest person in the organization to be promoted to the position of Sales Manager. The results speak for themselves. I strongly recommend this training to everyone who wants to be successful in Sales, Business and Life."

G. Kowalski. Sales Manager.

SERVICES OFFERED TO YOU INCLUDE:

Individual: Personal Consultations, Relationships Therapy, Stress & Anxiety Release, Weight Management, Massage, Aromatherapy, Life Coaching & Success Coaching for Study & Work.

Workshops: Relationships, Wholesome Nutrition, Group Regression & Meditation.

Business: Sales & Communication Training & Coaching, Goal Setting for Success, Trouble Shooting Consultations & Conflict Resolution.

Take the first step now

Contact Russell or Verena Cunningham on (03) 97 222 678

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